

IF I WERE A...



PURPOSE:

This is a fun way for getting people laughing and de-stressing.

TIMING:



10–15 minutes

Use this as a warm-up before a huddle or a brainstorming session.

DIRECTIONS: Have everyone stand in a circle. Decide who will start, and have that person turn to the person on her right and ask, for example, “If you were an animal, what animal would you be?” That person answers and, continuing around the circle, asks the next person a similar question, changing the person/place/thing part of the question—for example, “If you were a movie star, which movie star would you be?” The game continues until everyone has asked and answered a question. If you’ve got a small group, you can go around a few times. Just remember, each time the question gets asked, the person/place/thing can’t be one that’s already been used.