

# The Story of My Life



**PURPOSE:**

Getting to know your colleagues better

**MATERIALS:**



Pens/pencils



Sheets of paper

**TIMING:**



20–30 minutes

**DIRECTIONS:**

1. Every person gets a pen and a sheet of paper and is given this situation: You have five minutes to write the story of your life to sell to a movie producer.
2. Fold your sheet of paper, and on the front, write the title of your movie.
3. Use the next panel for the table of contents (for example, where you were born, how you got your name and other details you'd like to share).
4. On the third panel, draw pictures of yourself, your family, and so on.
5. On the last panel, draw a picture of how you'd like to retire.
6. After the five minutes is up, if the group is small, everyone gives his or her sheet to someone else, and then that person "sells" the story to the group.

**NOTE:** If the group is large, pair people up and exchange sheets, and each person has a few minutes to sell the story of the other person's life.